

FIRST AID/DEFIBRILLATOR TRAINING

A huge thanks are given to all those who helped support the Charity Auction held at the beginning of October in the Village Hall. A grand total of $\pounds 1375.20$ was raised to purchase a life-saving defibrillator for our Parish. The Parish Council were happy to adopt the equipment with immediate effect and they will now be responsible for it's installation, maintenance and insurance. At the time of writing the PC were waiting for delivery of it's cabinet and will have it installed on the Village Hall as soon as possible. It will be situated right outside the Hall front door so will be easily accessible for anyone at all times of the day and night. A light will also be available should anyone require access in the dark.

We know many of you are keen to learn more about the defibrillator and how it can be used in the event of a cardiac arrest. To help you in this we have arranged two training sessions in the Village Hall—both free of charge.

The first session will take place on Friday 31st January at 7.30pm. This will be a brief audience style explanation of "what a defibrillator is" and how you use it.

The second will take place on Saturday 15th February between 2pm and 4pm and will be a hands—on training session with practical demonstration and cover topics including:

- General care of a casualty including the procedure for obtaining help
- Dealing with an unconscious person who is bleeding
- Giving rescue breaths

- Performing cardiopulmonary resuscitation (CPR)
- Dealing with choking and dealing with serious bleeding
- Dealing with a suspected heart attack casualty
- Defibrillator Awareness

Places on both sessions must be pre-booked as there are maximum numbers allowed. To **book your place** please ring Sarah on 2769 or email clerk@waltonparish.co.uk. One or both sessions will be cancelled if we do not reach the minimum number of participants needed.

VILLAGE HALL

John, Mel and James are delighted to announce two new members have recently joined the Village Hall Management Committee. Emma Brocklebank and Mark Ashton have joined the team to help manage and run the Village Hall.



Emma has also taken over the role of **Bookings Secretary** so please get in touch with Emma if you wish to book the Village Hall for any of your events. She can be contacted on 45409 or you can email her at

emma@waltonparish.co.uk.

In other news from the Village Hall, the boiler has now been installed so we have heating again and the roof repairs are almost complete as we go to print. Unfortunately, due to the delays in securing funding, extensive damage to the gents toilet ceiling occurred because of the leaky roof—this is being looked at and work should be undertaken soon to get it rectified. The vacuum cleaner has unfortunately also recently broken and funds are being secured to replace this too!

PRECEPT

At the November Parish Council meeting, it was agreed to increase the precept by two percent. This is equivalent to £99 over the whole parish for the year. Costs as ever continue to increase and the Council has recently lost thirty percent of one stream of it's funding and the recycling payments we used to receive have also now been abolished. This small increase will help us continue to balance our finances whilst support our community facilities and meeting our many necessary costs.

COUNTING THE BIRDS THAT ARE COUNTING ON YOU

It will be all eyes to the skies on Saturday, 25th and Sunday, 26th January 2014, as the nation takes part in the RSPB's annual Big Garden Birdwatch. The activity is the biggest garden wildlife survey in the world and last year almost 600,000 people counted the birds in their garden.

Big Garden Birdwatch, which has been running for 35 years, provides the RSPB with masses of information about changes in numbers of garden birds in winter, and helps to alert conservationists to significant declines in UK garden species such as house sparrows and starlings. And this year, for the first time, we need you to log some of the other wildlife you see in your garden too.



We want to know whether you ever see deer, squirrels, badgers, hedgehogs, frogs and toads in your gardens, to help build an overall picture of how important our gardens are for giving all types of wildlife a home.

Doing the Big Garden Birdwatch is fun and easy, and you

don't even need to leave the comfort of your own home. To take part, spend just one hour at any time over the Big Garden Birdwatch weekend noting the highest number of each species seen in your garden or local outside space at any one time. You then simply submit your results to the RSPB, either online at <u>www.rspb.org.uk/birdwatch</u> or in the post.

BRAMPTON CHOIR CONCERT

Brampton and District Choir are holding their Christmas concert on Friday 13th December at 7.30pm at William Howard School. Tickets are priced at £5 (under 12's free) and are available from Cumberland Building



Society, Front Street, Brampton; Choir Members; on the door or by email to secretary@bramptonanddistrictchoir.com

YOUR ADVERT COULD APPEAR HERE!

If you would like to advertise in the Walton News please contact Sarah on 016977 2769 for further information. We print our newsletter four times per year and we hand deliver to every household in Walton so could make the perfect advertising medium to promote your business or event.

SOCIAL COMMITTEE NEWS ANNUAL NATIVITY & TEA – SUNDAY 15TH DECEMBER 4pm-6pm NEW YEARS EVE PARTY – TUESDAY 31ST DECEMBER Bring & Share supper 8pm – 1am All events organised by Walton Social Committee are in aid of the upkeep and repairs to Walton Village Hall

CUMBRIA AFFORDABLE WARMTH PROJECT

For some parishioners on eligible benefits, there is funding currently available for various energy measures including heating repairs, replacement boilers, draft proofing and insulation. For more information and to check if your benefits qualify you please telephone Tom Barlow on 01228 817239 or visit www.cumbriawarmhomes.org.uk.

Carlisle and District

CHILDREN'S PLAY SCHEME

Nineteen local children attended a play day in the Village Hall on 31st October. Some arrived in Sport and Physical Activity Alliance Foundation

spooky Halloween costumes and fun was had by all with face painting and games throughout the day. The scheme was delivered by the Cumbrian Sports and Physical Activity Alliance Foundation with funding from Walton Play Area Group. Further days, possibly in Easter or Summer holidays, are planned.

CHRISTMAS FAIR

Thank you to everyone who attended the Christmas Fair, there were yet again some lovely stalls from Suziebou, Simply Gorgeous gifts, Phenoix Cards & Susan Fisher. A fantastic £500 was raised for Cancer Research UK and a great day was had by all.

Sid Bowman represents our Parish at Carlisle City Council. If you have a City Council related issue which you wish to raise, he can be contacted at: 01228 561185 or SydB@carlisle.gov.uk

John Mallinson is your local County Councillor. If you have a County Council related issue which you wish to raise he can be contacted at:

01228 533746 or john.mallinson@cumbria.gov.uk

PARISH COUNCIL MEETINGS

The dates for our Parish Council meetings in 2014 are set to take place as follows:

Monday 13 January 2014 Monday 10 March 2014 Monday 12 May 2014 (preceded by Annual Parish Meeting for all electors at 7pm) Monday 14 July 2014 Monday 8 September 2014 Monday 10 November 2014

Please do bear in mind that we sometimes need to change the date due to unforeseen circumstances but we always post the official notice of the meeting date on the noticeboard and website three clear working days in advance. Additional meetings are also called when necessary for urgent business, such as planning applications.

CONTACTING US

Your Councillors like to make themselves as accessible as possible to you and you are able to get in touch with us via post, telephone, in person, via email or even Facebook and twitter! We do however ask that you respect the fact that Councillors undertake this work voluntarily and have work commitments and families too—so please do avoid calling them at unsocial hours (such as evenings and weekends) where possible and where the situation is not an emergency.

Similarly, the Clerk is employed for only four hours per week. When telephoning or emailing she does try to respond to you as soon as possible but with limited working hours please bear in mind this may not be immediately. Responses to any queries will normally be confined to weekdays between 9am and 3pm if the situation is not urgent.

SEASONS GREETINGS

The Chairman, Councillors and Parish Clerk would like to take this opportunity to wish you all a very Merry Christmas and a happy, healthy and prosperous New Year. We look forward to working with you in 2014!



PLEASE HELP YOUR NATIVE REDS AND SAVE THEM FROM EXTINCTION

The Red Squirrel is the UK's only native squirrel and needs your help now to prevent them from becoming locally extinct. They are under constant threat from the grey squirrel, an introduction from North America that out-compete them for food and carry the awful Squirrel Pox Virus Disease (SQPVD) that they are immune to, but when passed on to a red squirrel causes their very sad painful death, usually within 15 days from onset. At the moment the only way to save your reds is to control the increasing numbers of grey squirrels in your area.

Brampton & District Red Squirrel Group is a non-funded group of volunteers working within your area to promote the preservation of the red squirrel population for the public benefit and protect these wonderful creatures from extinction but, **We need donations to help us;**

- Buy feeders & feed for monitoring reds
- Fund blood sampling for research into SQPVD
- Fund educational & promotional material
- Fund on-going awareness campaigns
- Buy traps & feed for grey squirrel control

If you would like to support the group, cheques



should be made payable to Brampton & District Red Squirrel Group and sent to Julie Bailey, B&DRSG Volunteer Secretary at Woodside, Armathwaite, Cumbria, CA4 9SX. We also urgently need more volunteers, especially at ground level, to undertake trap control. If you are interested please contact us on **07968 576455** or by e-mail to <u>j.bailey203@btinternet.com</u>. You can also help by reporting all sightings of squirrels (grey or red) to the above contacts.

BUY WITH CONFIDENCE SCHEME

Businesses in the parish are being made aware of a local Trading Standards Scheme with the aim of approving traders so consumers can choose an assured business or service. More information can be found at www.buywithconfidence.gov.uk

CUMBRIA COUNTY COUNCIL BUDGET CONSULTATION

Time is still available to have your say on the County Council's budget proposals for 2014/15. Go to www.cumbria.gov.uk/ourfuture before 20th January to submit your views.

SPEEDING IN VILLAGE

The Parish Council are asked regularly to look at vehicles speeding through the Village. Unfortunately, when the police were asked to monitor the speeds a few years ago, the average speed was only 28mph alongside Wilson Homes and 23mph beside the Village Hall. Police can only prosecute speeding motorists when they reach speeds of 34mph or above so you can see that we are a little stuck with moving the perceived problem forward . We are currently working with the CRASH North group who take a multiagency approach to speeding concerns to see if there are any measures that can be implemented, including increased signage.

We are also aware that Brampton Police have recently conducted a **Restorative Justice Speeding** initiative in the village of Heads Nook. This was due to an increase in complaints from residents regarding the speed of vehicles passing through the village. This initiative is used as an alternative to prosecution to try and get people to firstly identify why they speed and secondly both the direct and indirect effects their speeding has on others. If that can be accomplished then it is hoped they may refrain from speeding in the future. The officers were assisted by a local man from Heads Nook, Mr Steve Griffiths. Mr Griffiths sat with the officers during the morning and spoke to the drivers who had been caught speeding . He explained what effect their speeding had on him, the village and the local community. This initiative was offered to any driver exceeding the speed limit between 34 to 42 mph, any speed higher than 42mph cannot be dealt with under the initiative and offenders will be summons to court. In total 8 speeding drivers were stopped, of which 3 were warned, 5 took part in the initiative. No one elected court proceedings!.

Brampton Police would like to carry out more of the Restorative Speeding initiatives in other villages (only those with a speed restriction in force). For it to work it is paramount that someone who has been effected by speed is included in the process, so whether you are a dog walker, parent of small children, horse rider



etc. and feel that you have been or are adversely effected in your day to day life by speeding vehicles and would like to take part in such an initiative please contact Brampton station PC 1012 Anita Owen or PS 1007 Sue Jamieson on 101 ext 53208.

Parish Councillors, your Clerk & Useful Contacts

Chair	John Evans	016977 42122
Vice Chair	Jonathan Fowler	016977 3431
	Alan Armstrong (Montcalm)	016977 3164
	Simon Wood	016977 42570
	Gordon Kyle	016977 2521
	Austen Davies	016977 2438
	Tom Brocklebank	016977 45409
	Alan Armstrong (Townhead)	016977 2730
Clerk	Sarah Kyle Hill House, Walton, Brampton, CA8 2DY	016977 2769
Highways Hotline		0845 609 6609
Dog Fouling		01228 817380
Police		101

SNOW CHAMPIONS AND WINTER GRITTING

You will all have received in the post a very useful leaflet from Cumbria County Council detailing their winter driving advice. The leaflet included lots of useful information about the routes that will be gritted as a priority this winter— you can keep up to date with the roads that are gritted at Cumbria.gov.uk/winter or follow them on twitter at @CumbriaCC. The



leaflet also detailed the work of Snow Champions. These are volunteers who help clear snow and ice from footways and pavements near their homes. Volunteers are given equipment such as high visibility vests, gloves, a shovel and a supply of salt to allow them to treat agreed lengths of footways. If you would like to volunteer to be a **Snow Champion** to help keep local footways safe for others then please contact Cumbria County Council on 0845 6096609 or visit Cumbria.gov.uk/winter.